

GRAB + GO MENU



SANDWICHES

Bacon Sando 6.5

Smoked streaky bacon on sourdough

Ham & Cheese 5.5

Ham, emmental cheese, mustard, béchamel
Available in a croissant or on sourdough

BBQ Pulled Jackfruit (VG) 9

Pulled jackfruit, bbq sauce, slaw, vegan cheese, garlic mayo
in a ciabatta roll

Cheese & Kimchi Toastie (V) 6.5

Cheddar, mozzarella, emmental, kimchi on sourdough

Truffle Mushroom Melt (V) 8

Roasted mushrooms, cheddar, mozzarella, truffle mayo on sourdough

Spicy Tuna Melt 9

Tuna mayo, red onion, sriracha, pickled jalapeños, cheddar, mozzarella
in a ciabatta roll

Spicy Korean Chicken Melt 9

Marinated chicken breast, Korean hot sauce, kimchi, garlic mayo,
mozzarella, onions in a ciabatta roll

BAGELS

Salmon & Cream Cheese 8.5

Chopped smoked salmon, cream cheese, dill and lemon

Reuben 8.5

Pastrami, mustard, sauerkraut, gherkin, garlic mayo and emmental

SOUP

Seasonal Soup of the Day 4.5

Add cheese toastie 2.5

SCAN HERE TO ORDER TO YOUR TABLE
OR VISIT [SEALANESCANARYWHARF.CO.UK/MENU](https://sealanescanarywharf.co.uk/menu)

(V) Vegetarian (VG) Vegan. Please make us aware of any allergies or intolerances when ordering. Although the greatest care is taken when preparing food we cannot guarantee your food is completely allergen free from due to risk of cross contamination. Please ask if you require more information. This menu is printed on Cyclus Offset which is made from FSC® Recycled pulp which produces less CO2, diverts waste from landfill and consumes much less water and energy, as well as eradicating the need for wood in production.

DOCKSIDE

BAR + KITCHEN

  @sealanesw

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